



## Daily Snacks & Lunch

**February 4 – 8, 2019**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<u>Morning:</u> Toasted English Muffins w/ Cinnamon butter  Milk	<u>Morning:</u> Graham Wafers w/ soy butter  Bananas  Milk	<u>Morning:</u> Waffle w/ apple sauce  Milk	<u>Morning:</u> Toast w/ jam  Fruit  Milk	<u>Morning:</u> Scrambled eggs w/ crackers  Milk
<u>Lunch:</u> Chicken Rice Soup Cheese Crackers  Fruit  Milk	<u>Lunch:</u> Baked Fish w/ Rice  Mixed Vegetables  Fruit  Milk	<u>Lunch:</u> Meatballs w/ fries  Broccoli  Fruit  Milk	<u>Lunch:</u> Chicken Stew Bread & butter  Fruit  Milk	<u>Lunch:</u> Pizza  Raw Vegetables  Fruit  Milk
<u>Afternoon:</u> Banana Bread  Water	<u>Afternoon:</u> Yogurt w/ Digestive Cookies  Water	<u>Afternoon:</u> Apples Cheese & crackers  Water	<u>Afternoon:</u> Rice Cakes w/ apple sauce  Water	<u>Afternoon:</u> Bagels w/ cream cheese or soy butter  Water