



## Daily Snacks & Lunch

**January 28 – February 1, 2019**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<u>Morning:</u> Boiled Eggs Crackers  Milk	<u>Morning:</u> Toast w/ soy butter Banana  Milk	<u>Morning:</u> Yogurt w/ Dry cereal  Milk	<u>Morning:</u> Pancake w/ apple sauce  Milk	<u>Morning:</u> Fruit Tray  Milk
<u>Lunch:</u> Cream of Vegetable Soup Cheese Crackers  Fruit Milk	<u>Lunch:</u> Fettuccini Alfredo w/ Fish & peas  Fruit Milk	<u>Lunch:</u> Coconut Rice & Bean  Cauliflower Floret  Fruit Milk	<u>Lunch:</u> Chicken Strips Oven Fries  Raw Vegetables  Fruit Milk	<u>Lunch:</u> Beef Shepherd's Pie  Salad  Fruit Milk
<u>Afternoon:</u> Pumpkin Chocolate Chip Loaf  Fruit Water	<u>Afternoon:</u> Egg Salad on Crackers  Fruit Water	<u>Afternoon:</u> Ham & Cheese Melts  Water	<u>Afternoon:</u> Granola Bar  Fruit Water	<u>Afternoon:</u> Fruit Tray Digestive Cookie  Water